## CASTLETON

## Carparate Events

## Breakfast Selections

## CONTINENTAL

Assorted Danish \& Breakfast Breads
Orange Juice, Coffee, Decaf \& Tea
\$12 PER PERSON


Seasonal Sliced Fresh Fruit
Assorted Danish \& Breakfast Breads Scrambled Eggs, Breakfast Potatoes, Bacon and Sausage Orange Juice, Coffee, Decaf \& Tea
\$22 PER PERSON

Add Cinnamon French Toast and Maple Syrup Add Belgium Waffles with Strawberries and Whipped Cream

Add \$4 PER PERSON
Add \$4 PER PERSON

## OMELETS TO ORDER

Prepared to Order by a Uniformed Chef
Featuring: cheddar cheese, diced onion, red \& green peppers, mushrooms, diced ham, tomatoes, spinach and salsa.

Served with
Hickory Smoked Bacon, Sausage Links, Breakfast Potatoes
Seasonal Sliced Fresh Fruit, Assorted Danish \& Breakfast Breads
Orange Juice, Coffee, Decaf \& Tea
\$26 PER PERSON

## BRUNCH ANYTIME

Assorted Breakfast Pastries
Seasonal Sliced Fruit
Brown Sugar Glazed Ham or Hickory Smoked Bacon \& Sausage Links
Belgium Waffles with Strawberries \& Whipped Cream or Cinnamon French Toast with Maple Syrup
Eggs Benedict or Vegetable Scramble
Mixed Greens Garden Salad with Balsamic Vinaigrette
Choice of: Caribbean Chicken, Chicken Marsala, or Chicken Piccata
Herb Roasted Red Bliss Potatoes or Vegetable Rice Pilaf
Seasonal Vegetable Medley
Warm Dinner Rolls \& Butter
Orange Juice, Coffee, Decaf \& Tea
\$36 PER PERSON
Energy Breaks
HEALTHIER CHOICEFresh Sliced Fruit, Granola/Nutri-Grain Bars, Assorted YogurtsSoft Drinks and Bottled Water\$11 PER PERSON
AFTERNOON WAKE-UP
Assorted Cookies, Chocolate-Dipped StrawberriesCoffee, Tea, Soft Drinks and Bottled Water
\$10 PER PERSON
SUNDAE BARFrench Vanilla Ice CreamServed in a waffle bowl with all the necessary and unnecessary toppings
\$9 PER PERSON
SOCIAL HOUR
Fresh Sliced Fruit Platter, Fresh Vegetables with Dip, Assorted Cheeses, CrackersSoft Drinks and Bottled Water
\$12 PER PERSON
CASCADING CHOCOLATE FOUNTAINWarm, Melted Belgian Chocolate,Accompanied by Strawberries, Bananas, Pineapple, Marshmallows, Pretzel Sticksand Assorted Cookies
\$ 11 PER PERSON

## SNACKS

Assortment of Chips, Doritos, Pretzels, Peanuts, CookiesSoft Drinks and Bottled Water
\$7 PER PERSON

## REFRESHMENTS

Coffee, Decaf, Tea, Assorted Soda and Bottled Water
\$6 PER PERSON

## Luncheon Buffet

## DELI BUFFET

Sliced Turkey Breast, Roast Beef and Deli Ham
American \& Swiss Cheese
Tuna or Chicken Salad, Potato or Pasta Salad
Sliced Lettuce, Tomatoes, Red Onions
Pickles, Pepperoncinis, Black Olives, Condiments, Sandwich Breads \& Rolls
Fresh Baked Cookies
Bottled Water, Soda, Coffee, Decaf \& Tea
\$27 PER PERSON
Add Soup or Salad to Deli Buffet Add $\$ 3$ PER PERSON

## BOX LUNCHES

Designed to meet the needs of groups on the go
Box Lunches include a Wrap Style Sandwich, Hand Fruit, Potato Chips, Fresh Baked Cookie Beverage, Appropriate Condiments, and Paper Supplies
\$23 PER PERSON

## EXPRESS BUFFET

Soup or Salad Roast Turkey Breast with Pan Gravy or Chicken Piccata Cracker Crumb Crusted Baked Haddock or Roast Sirloin with Merlot Sauce Garlic, White Wine \& Olive Oil Pasta Primavera Herb Roasted Red Bliss Potatoes or Vegetable Rice Pilaf Seasonal Vegetable Medley
Warm Dinner Rolls and Butter
Wild Berry Shortcake, White Chocolate Mousse or New England Apple Maple Crisp Bottled Water, Soda, Coffee, Decaf \& Tea
\$34 PER PERSON

## ITALIAN FEAST

Fresh Mozzarella \& Tomato Salad
Mixed Green Garden Salad with Balsamic Vinaigrette
Chicken Parmesan
Cracker Crumb Crusted Baked Haddock
Penne with Tomato Basil Sauce
Herb Roasted Red Bliss Potatoes
Seasonal Vegetable Medley
Warm Dinner Rolls \& Butter
Tiramisu
Bottled Water, Soda, Coffee, Decaf \& Tea
\$36 PER PERSON

# Luncheon Entrées <br> All entrées are served with your choice of A Seasonal Vegetable, Starch, Warm Dinner Rolls, Butter, Coffee, Decaf and Tea. 

## SALAD COURSE <br> CHOOSE ONE <br> Caesar Salad

Mixed Greens Garden Salad with Balsamic Vinaigrette (GF, DF)
Spinach, Feta, Candied Walnut \& Strawberry Salad with Balsamic Vinaigrette (GF)
Arcadia Field Greens, Pears, Toasted Walnuts, Dried Cranberries \& Goat Cheese with Apple Cider Vinaigrette (GF)

## ENTRÉE SELECTIONS <br> CHOOSE ONE

Chicken Piccata
Flour Dredged Chicken Breast with
a Fresh Lemon Sauce
\$25 PER PERSON
Caribbean Chicken (GF, DF)
Island Marinated Grilled Chicken with Mango-Pineapple Salsa
\$24 PER PERSON
Apple Cranberry Cornbread Stuffed Chicken
Cornbread, Minced Apples \& Cranberries stuffed into a chicken breast with Chicken Veloute
\$27 PER PERSON
Pan Seared Pork Tenderloin (GF, DF)
Served with Apple Mustard Demi

## \$24 PER PERSON

Salmon Filet (GF)
Fresh Salmon Filet grilled with homemade Teriyaki Glaze (GF, DF)
or
Fresh Salmon Filet seared with a Lemon Dill Sauce (GF)
\$28 PER PERSON
DESSERT
CHOOSE ONE
Castleton's Signature Brandied Pear Crepe with White Chocolate Mousse Whipped Cream
New England Apple Maple Crisp (GF)
Wild Berry Shortcake with Homemade Whipped Cream
White Chocolate Mousse served in a Dark-Chocolate Cup with Raspberries \& Dark Chocolate Drizzle Brownie Sundae

## A Unique Experience for your next Corporate Event

If you are looking to capture your attendees attention in a unique way, we have comprised a list of people we would suggest reaching out to:

## DROPS TO WELLNESS / CHIN-SIM KANG dropstowellness@gmail.com 603-320-6788

Bringing harmony and peace to your attendees' body and mind. Drops To Wellness offers individual 10-minute relaxing head Vitaflex sessions to release tension in the head, neck and shoulders. Or small group classes on gratitude breathing technique to create a heart-brain coherence, bringing peace and calm to your attendees.

SIMPLIFIU (FINANCIAL COACH) / SCOTT TOWNSEND scott@simplifiu.com

603-722-0222
Guiding your attendees to financial wellness - Simplifiu offers a financial wellness seminar, workshop, or lunch-n-learn to provide some insight into personal finance basics for your attendees.

Typical topics covered include the good and bad of compounding, budgeting and managing your cash flow, basic financial protections, strategies for paying down debt, credit reports and credit scores, and maximizing employer benefits.

Custom or focused topics can be prepared upon request.

ESPRESSO DAVE
dave@espressodave.com
888-221-9029
Taking coffee break to the next level

